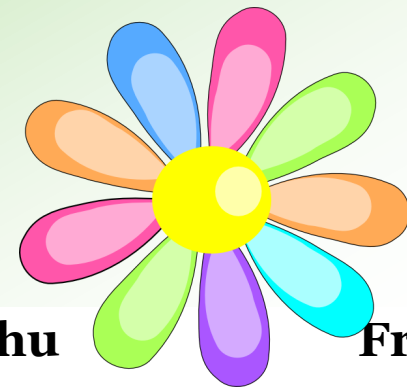


# May 2019



Mon	Tue	Wed	Thu	Fri
		1 Aqua Fit	2 <b>Sit &amp; Fit</b>	3
6 Aqua Fit	7 <b>Sit &amp; Fit</b>	8 Aqua Fit	9 <b>Sit &amp; Fit</b>	10
13 Aqua Fit	14 <b>Sit &amp; Fit</b>	15 Aqua Fit	16 <b>Sit &amp; Fit</b>	17
20 <b>VICTORIA DAY</b> <b>Gym Closed</b>	21 <b>Sit &amp; Fit</b>	22 Aqua Fit	23 <b>Sit &amp; Fit</b>	24
27 Aqua Fit	28 <b>Sit &amp; Fit</b>	29 Aqua Fit	30 <b>Sit &amp; Fit</b>	31

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