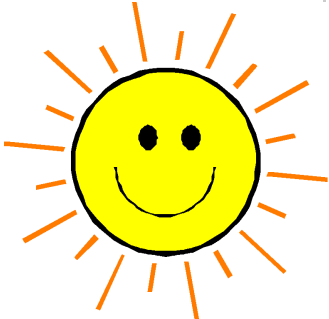



# May 2019

**Gym Hours**  
Closed Daily: 12pm to 1pm  
Monday—Friday: 8am to 4pm

Mon	Tue	Wed	Thu	Fri
		1	2	3
6 	7	8	9	10
13	14	15 <b>GYM CLOSED 8:00-11:00</b>	16	17
20 <b>VICTORIA DAY Gym Closed</b>	21	22	23	24
27	28	29	30	31 

905 523-1184 x 3067



**COMPASS**  
COMMUNITY HEALTH