



Regular Gym Hours:
CLOSED Daily from 12pm – 1pm
 Monday - Thursday: 8am – 5pm
 Friday: 8am – 4pm



Monday	Tuesday	Wednesday	Thursday	Friday
			1 NHCHC Closed	2 NHCHC Closed
5	6	7	8	9
12 NHCHC Closed	13	14 Gym Closed 1:00 pm - 4:00 pm	15	16
19	20	21 Gym Closed 8:00 -11:00 am	22	23
26	27	28	29	30