
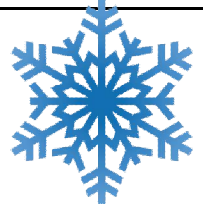






JANUARY

Regular Gym Hours:
CLOSED Daily from 12pm – 1pm
 Monday - Thursday: 8am – 5pm
 Friday: 8am – 4pm

Monday	Tuesday	Wednesday	Thursday	Friday
	 HAPPY NEW YEAR NHCHC Closed	Gym Closed 4-5 pm	Gym Closed 4-5 pm	Gym Closed 4-5 pm
7	8	Gym Closed from 1-4PM	10	 11
14	15	Gym Closed from 8-11AM	17	18
 21	22	Gym Closed from 1-4PM	24	 25
28	29	30	31	