

DATES TO REMEMBER

- July 3 — Pathways CLOSED for Canada Day Long Weekend
- July 26 — NHCHC Park N' Party
- August 7 — Pathways CLOSED for Civic Holiday Long Weekend
- September 5 — First Day of School
- September 11 — First Day of Pathways to Education Programs

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Congratulations Class of 2017!

Pathways to Education-NHCHC dared our 2017 graduates to dream. They were dared to dream about a future beyond high school and reach for their goals as they pass through graduation and transition towards a new branch of their lives.

On June 1, our annual graduation event was held at The Waterfront Banquet & Conference Centre. Many graduates, families and guests of this year's 91 graduating students were in attendance to share in this momentous occasion.

A special thanks goes out to our Pathways student entertainers who performed on various instruments while guests mingled and enjoyed delicious appetizers. Iris W delighted us with her Chinese Harp, Taylor S entertained with her guitar and Benjamin U delivered melodic interludes on his keyboard.

Our master of ceremonies, Brent Esau, Community Health Director and Pathways program leader at NHCHC, began the ceremony by welcoming the procession of graduates to a room full of beaming and enthusiastic spectators.

Graduates were encouraged to aim high and dare to dream about a bright future when addressed by Elizabeth Beader, CEO of North Hamilton Community Health Centre, as well as Quinn Bingham, VP and Chief Development Officer of Path-



ways to Education Canada.

We welcomed our Pathways Alumni Speaker, Tyler Fournier, who spoke to our graduating class about his obstacles, successes and triumphs since graduating high school. Tyler was part of the first cohort of Pathways students who entered high school in the 2009/10 school year. He is a Mohawk College graduate and pursuing a degree at the University of Toronto.

This year's Pathways Student Speakers were Briana-Lynn Briero and Maryam Niaz Muhammed who shared Pathways memories and confidently lauded their peers' accomplishments daring them to not rest on their laurels and continue to push forward aiming to reach their fullest potential.

The Pathways Graduation Awards were presented to: Briana-Lynn B (Leadership), Suandy

M (Success), Paulina D (Engagement)

The Morgan Fund Award, established by Brian Pogson in memory of his daughter, was awarded to: Natalie H, Brian M, Nay Blut S, Jamie M, Santanya M, Andre B, and Jason L.

As the ceremony approached its close, graduates and guests enjoyed this year's graduation video, and all students received their Pathways to Education program certificate. Following the ceremony, graduates and guests were invited to remain at the Waterfront to celebrate our graduates with conversation, stories, food, cake and festivities.

We at Pathways to Education-NHCHC are tremendously proud of our graduates. We are thankful for the students, families, friends and community who endeavor each day to reach their goals and continue to **Dare to Dream**.

Volunteers

2017-2018 School Year Volunteer Registration

While it feels great to bask in the sun for another relaxing summer break, we are already at work planning for another exciting year of Pathways to Education programs. And that exciting year of programs includes another great group of positive adult volunteers.

If you are interested in getting involved for another year of volunteering at Pathways to Education NHCHC, simply

email Pathways to Education Program Coordinator, Jack Bernacki at bernacki@nhchc.ca. Your name will be added to our list

of returning or new volunteers and you will be invited to register and complete all the necessary documents to get involved. See you then!



Student Story

Tyler Fournier,
Pathways Alumni,
Class of 2014



We were honoured to have Tyler Fournier return to Pathways to Education North Hamilton's graduation ceremony as this year's alumni speaker. Tyler joined Pathways the year

the program started, in 2009, and was a member of the very first graduating class. He has since graduated from Mohawk College and began working on a degree from the University of Toronto this past Septem-

ber. Tyler attributes much of his success to the support, encouragement and mentorship he was provided while here at Pathways.

Join the Pathways Alumni Association!



Congratulations! For those of you graduating this year, you will be joining the ranks of thousands of Pathways alumni across Canada! Your Pathways journey can continue after high school through the Pathways Alumni Association. Pathways alumni have access to a range

of benefits, including exclusive group discounts, scholarship and internship opportunities, and access to networks as you build your career. Here's what Tyler, Pathways Hamilton alumnus and member of the Alumni Advisory Committee, has to say about the alumni experience:

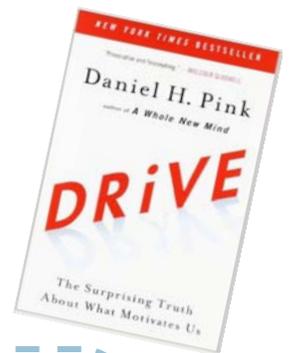
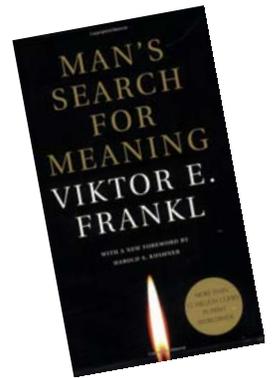
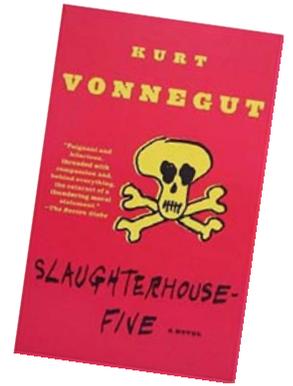
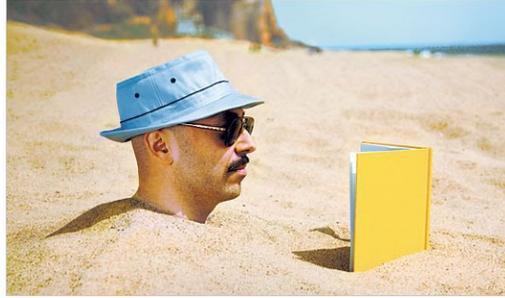
"Becoming a part of the Pathways Alumni Association has been a life-changing experience. You meet alumni from across Canada, who all have unique experiences just like every one of us in Hamilton. The best part of our alumni network, has to be the oppor-

tunities to get involved on the national level. Whether it is attending a workshop with multiple CEOs of top companies in Canada or attending Blue Jays and Raptors game with fellow alumni, there is something that meets all of our interests!"

To find out more information and stay connected, please plug in your Alumni Welcome Packages and visit alumni.pathwaystoeducation.ca. We can also be reached any-time at alumni@pathwayscanada.ca.

We can't wait to stay in touch!

coach's corner



'Quake' Books for Summer Reading

In putting together a list of books for your reading pleasure, we decided to reflect on books that shook us to our core. These are books we seek out, read, and take notes on that shape our lives and careers. They teach us lessons. How to live. How to learn. How to find happiness. How to understand the past. How to prepare for the future. How to succeed. How to manage relationships. How to be a good person. And they entertain us!

Brian, Pathways Coach, gives an enticing introduction to one of his favourite books: Slaughterhouse-Five by Kurt Vonnegut Jr. "I can't even attempt to tell you what this book is about; any attempt to explain it will either fall short, or end

up revealing the entire plot. Just pick it up, read it, and have your mind blown."

Chris, Pathways Coach, touches on Man's Search for Meaning by Viktor Frankl. "It's a remarkable story. A reminder of what matters most in life and how we can find meaning in our day-to-day lives. Our primary drive in life is not pleasure, but the discovery and pursuit of what we personally find meaningful. Even in the midst of experiences that are horrific and deeply painful."

Jack, Program Coordinator, shares a book that help shaped his mindset for life. Drive by Dan Pink. "I loved this book. It's a well written, quick and easy read about a pretty big topic. Dan Pink makes the case that

if you want success out of yourself, or other people, you need to focus on Autonomy, Mastery and Purpose. Autonomy - people need to do what they want, to follow their passions; Mastery – people need to be able to get better at tasks and see themselves improve; Purpose – people need to feel like what they do matters to the world. Grab this little book and have your mind blown about what really drives people to be successful and achieve great things. And know this: you can do it too."

For Further Reading:
24 Books You've Probably Never Heard Of But Will Change Your Life - <http://tcat.tc/1aSOxqq>

Pathways Youth Run4Fun

The sun was shining and the students were smiling. Competition was in the air and nerves were rising. The whistle was blown and the race began. On May 30, 2017, Pathways held its fifth annual Run4Fun at Bayfront Park. This year, 15 students came out to walk or run 2.5km or 5km. Youth from a variety of running backgrounds, including those who have next to no running experience, came out to the event and participated. Our amazing community partner, the

Hamilton Olympic Club, generously provided prize donations which our youth were very pleased to take home. Every youth participating also left with a Race Kit full of running related goodies and their very own Pathways T-Shirt! Pathways students who are keen to keep active will have another chance to run this September when we take our annual trip to Toronto Centre Island for the 5km Toronto Longboat Run. Stay tuned for more details!





NorthHamilton
Community Health Centre

BUILDING A
GRADUATION
NATION

Pathways
to Education

438 Hughson Street North * Hamilton, ON * L8L 4N5

Pathways Direct Line: 905-523-6719 * Pathways Fax Number: 905-523-5173 * E-Mail: pathways@nhchc.ca

Programming Sites:

Bennetto Neighbourhood:

North Hamilton Community Health Centre
438 Hughson Street North
Contact # 289-684-0774
Mondays to Thursdays
4:30pm to 7:30pm

Keith Neighbourhood:

Eva Rothwell Resource Centre
460 Wentworth Street North
Contact # 289-683-0504
Tuesdays and Thursdays
4:30pm to 7:30pm

GALA Neighbourhood:

Mission Services Hamilton
196 Wentworth Street North
Contact # 289-683-6087
Mondays and Wednesdays
4:30pm to 7:30pm

2016/17 Pathways School Year...thank you for the memories!



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Pathways
to Education

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PATHWAYS@NHCHC.CA

REGISTER NOW

For the

2017/2018 SCHOOL YEAR

