

**DATES TO  
REMEMBER**

- Jan 1, 2018 - Pathways CLOSED for New Year's Day
- Jan 8 - School and Programming First Day Back
- Jan 24 to 30 - Catholic Board EXAMS
- Jan 25 to 31 - Public Board EXAMS
- Jan 31 - Catholic Board PA Day
- Feb 1 - Public Board PA Day
- Feb 19 - Pathways CLOSED for Family Day

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# Pathway Press

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## An Autumn Adventure in the Spencer Gorge

On a rainy day in October, sixteen Pathways to Education participants, three staff members and one intrepid guide made a trip to the Spencer Gorge Wilderness Area for an afternoon of hiking. Equipped with ponchos and hiking shoes, the bold group of adventurers braved the windy and rainy weather to explore the beauty of the Niagara Escarpment.



The group began by visiting the Webster's Falls Conservation Area where they viewed the old



**Webster's Falls**



**Spencer Gorge**

stone bridge, enjoyed the views of the falls and learned some important lessons about outdoor safety. Many pictures were taken and despite the weather everyone left Webster's falls with a smile.

Next, the group visited the Tew's Falls Conservation Area and the Dundas Peak. After viewing the always gorgeous Tew's Falls, the group ventured onto the one kilometer trail to Dundas Peak. Luckily, the weather held out and everyone

was able to enjoy the expansive views of the Dundas Valley and the Spencer Gorge.

While this outdoor adventure lasted only a few hours, the group was able to truly enjoy the autumn scenery and amazing trails available right in our backyard. And, with a bit of help from Mother Nature, we all managed to stay dry.



**Christian (Tito) C and Chloe P, Pathways Students**

# Volunteers



**Marcellino, Pathways Volunteer**

**Q—Why did you decide to volunteer at Pathways to education?**

I decided to volunteer at Pathways to Education when I moved from Scarborough to Burlington several years ago, with some extra time on my hands. I think there is something incredibly special about working with youth because it allows me to inspire students

in the way I was inspired, and to share my passion of my favorite subjects.

**Q—What is your most memorable Pathways experience?**

I have several memorable experiences at Pathways but perhaps the best feeling is when I get positive feedback from my students who perform well on their tests and

assessments after helping them prepare in advance. It shows the effectiveness of our volunteers, mentors, and our program as a whole.

**Q—What are your hobbies and interests outside the Pathways to Education program?**

When I'm not at Pathways, I enjoy photography, playing music, cycling, and travelling.

# Pathways Catering Group



**Left to Right -  
Jessica (Coach), Pathways Students:  
Nadifa M, Paw Sha H, Htee H, Ker-Paw  
L, Amanda N, and Kamellia (Coach)**

The Pathways Catering Group was established as a pilot project in September 2016 and, since then, has blossomed into a full fledged production. Preparing a variety of foods such as breakfast/brunch items, baked goods and savory/sweet appetizers, the catering group has provided nourishment and has been satisfying taste buds for their various patrons. Catering orders have been filled for North Hamilton Community Health Centre

Board Meetings, TADA Art Show & Mindfulness Group, as well as a number of Pathways events such as the Career Gala, Registration Events, and Holiday Gratitude Trays.

The Pathways Catering Group consists of 10-15 students and is open to all Pathways students who have an interest in culinary arts or looking to earn community service hours towards their high school diploma. Not only do students earn volunteer hours and culi-

nary skills, they also earn incentives based on their hours of contribution.

Students involved in the Pathways Catering Group are a team giving back to their community while overlapping their employability skills such as time management, problem solving and organization.

To get involved, connect with your Coach or contact our catering facilitators, Kamellia, Dena, or Diana.



**Left to Right -  
Pathways Students: Neema K,  
Kamila A, Don D, Ikram A**

Pathways Hamilton received an invitation to attend the Pathways Canada Queen's Park Event in Toronto that took place November 15, 2017.

This exciting experience is shared from the viewpoint of a couple of Pathways Hamilton participants who attended the event.

Upon arrival, the group received a tour of Queen's Park. Ikram A thought it was, "neat to learn about the history behind Queen's Park." All attendees met Sue Gillespie,

CEO of Pathways to Education Canada, and Carolyn Acker, founder of Pathways Canada, as well as staff and students from other Pathways program locations.

Neema found it very interesting when "we watched the government in action, and saw how decisions were made."

Ikram stated that she was "delighted to see how an actual live question period happens in the Ontario government." All our attendees were thrilled when they met and

spoke with local MPs.

Both students stated their biggest take away from the event was realizing that "not all politicians started out in politics; they've made career changes and now make a difference in their communities" as stated by Neema, and Ikram shared, "I learned that every politician had a different way of getting into politics; it was not their first career path of choice. It makes me think that maybe I might go into politics one day and make a difference."

# Pathways Canada Queen's Park Event

# coach's corner



## Parent Checklist (for children in high school)

Dear Parents,

We at Pathways are here to help your child along the path to success and get the most from what Pathways to Education has to offer. With your help, we can provide opportunities for your child to receive support for all the items on the checklist below:

- I encourage and provide opportunities for my child to develop skills that will help them to become independent when they are an adult
- I keep a record of my child's educational needs and accomplishments and discuss these with them

with them

- My child has a Social Insurance Number
- My child has a bank account and I help them learn how to manage their finances
- My expectation for my child is they take part in their community through volunteering or being involved in activities such as sports, clubs, and the arts
- My expectation is that my child develops a resume and keeps the resume updated with credentials, skills, and qualifications as obtained
- I encourage my child to seek part-time employment or summer job experience
- As my child matures, I expect they take more initiative and I encourage them to put effort into learning about careers and educational paths beyond high school
- I engage in and encourage conversations at home about post-secondary options and career paths
- I encourage my child to attend Pathways to Education programming



**"The best way  
to be prepared  
is to make a  
study  
schedule."**

## Ace Your Exams With a Study Schedule

Final exams are fast approaching, and students will have to

**STUDY, STUDY, STUDY!** The best way to be prepared is to make an exam study schedule! Don't know where to start? Look at this example and talk to one of our excellent Pathways to Education Coaches or Volunteers to help you make one of your own so you will be ready for your exams!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Do Math Review Questions	Practice			Practice		Study for English 2 hrs
		Guidance Appt.			In Class Science Study Time	
		Science Review in class		Study for Math at Lunch		Game @ 1:00
Work 4-8pm	Math Review @ Tutoring		Make English Study Notes @ Tutoring	Work 5-9pm		Make Matching Cards for Science



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**Programming Sites:**

**Bennetto Neighbourhood:**

North Hamilton Community Health Centre  
438 Hughson Street North  
Contact # 289-684-0774  
Mondays to Thursdays  
4:30pm to 7:30pm

**Keith Neighbourhood:**

Eva Rothwell Resource Centre  
460 Wentworth Street North  
Contact # 289-683-0504  
Tuesdays and Thursdays  
4:30pm to 7:30pm

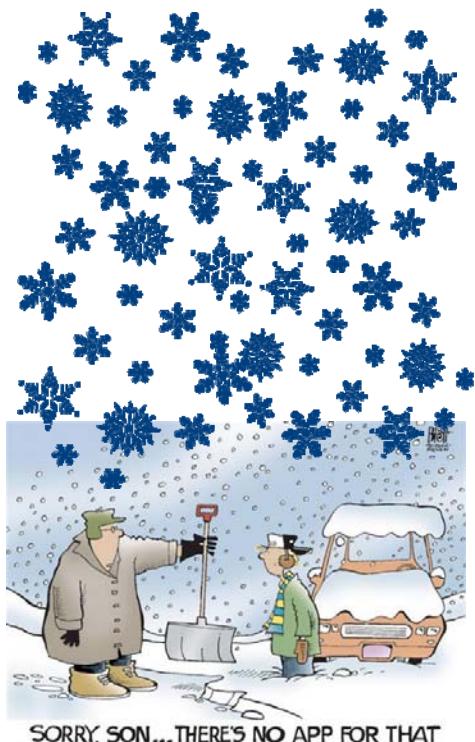
**GALA Neighbourhood:**

Mission Services Hamilton  
196 Wentworth Street North  
Contact # 289-683-6087  
Mondays and Wednesdays  
4:30pm to 7:30pm

## New Pathways Staff—Welcome Sherri!



**Pathways to Education-North Hamilton Community Health Centre welcomes Sherri Popovich to the team in her role as Pathways Coach.** Sherri comes to us from her previous work experience at the Pathways Kitchener program location. With a Social Service Worker Diploma from Mohawk College, Sherri brings her expertise with youth to her role as Pathways to Education Coach. In her free time, Sherri enjoys being outdoors and completing obstacle course races. Sherri can be found at Cathedral high school on Tuesdays and Thursdays and at the Mission Services Program Site on Mondays and Wednesdays. Welcome Sherri!



## Pathways to Education Snow Day Plan



Inclement weather conditions, such as freezing rain or significant snowfall, can occur during the fall and winter months.

In such conditions, if you are uncertain as to whether the program is open, we urge students/parents to contact North Hamilton Community Health Centre at 905-523-6611 or at [www.nhchc.ca](http://www.nhchc.ca) for closure notification before attending Pathways Programming.

While service to students and parents is a priority, and programming will be kept open as reasonably possible, student and staff safety is the primary consideration.