



Feet First Steps For Health
Diabetic Foot Health Clinic

Take your health into your own hands, safely and effectively!

Safe Self Care Workshops

Clients, Caregivers & Family Members are Welcome

SESSIONS ARE FREE (kits included)

Tues, Feb 7 th	Hamilton : Mountain Clinic	2:00 – 3:30 pm
Thurs, Mar 9 th	Hamilton : Mountain Clinic	1:30 – 3:00 pm
Wed, Apr 12 th	Hamilton : Mountain Clinic	1:30 – 3:00 pm
Tues, May 9 th	Hamilton : Mountain Clinic	10:30 – 12:00
Tues, June 20 th	Hamilton : Mountain Clinic	1:30 - 3:00 pm

To pre-register please call : 905 523-0090

North Hamilton Community Health Centre - Main Site
438 Hughson Street North

Hamilton Mountain Satellite Clinic
1221 Limeridge Road East
End Unit

Stoney Creek Satellite Clinic
New Village Retirement Home
490 Hwy #8 – 1st Floor Room 104

Burlington Satellite Clinic
Joseph Brant CHC
1182 Northshore Blvd – Room B16



Services Provided by :

