



Feet First Steps For Health

Diabetic Foot Health Clinic

Safe Self Care Workshops

Clients, Caregivers & Family Members are Welcome

SESSIONS ARE FREE (kits included)

Monday, September 17th

Fort Erie

2:00-3:00 pm

Wednesday, November 21st

Welland

2:30-4:00 pm

To pre-register please call : **1-844-223-FEET**
or **905 688-2223**

Welland - Seaway Mall

800 Niagara Street – Unit JJ1 (second floor)

Niagara Falls - NF CHC

4790 Victoria Ave.

St-Catharines - Quest CHC

145 Queenston Street

Services Provided by :



Fort Erie- Bridges CHC

1485 Garrison Road

Port Colborne- Bridges CHC

380 Elm Street

Take your health into your own hands, safely and effectively!

